“The Story of Menstruation”

Informational Video made by Disney in 1946

**Directions:** First read the questions below so you know when you hear the answer in the video. Then, write down answers/notes as the video plays.

1. What part of the brain is responsible for producing the hormones that allow us to grow, and for women to have their menstrual cycle? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. The path of the “maturing hormones” move from the brain, through the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the ovaries. Ovaries are glands about the size of an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Inside each ovary are thousands of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

3. The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ tubes connect the ovaries to the uterus, and help carry egg during ovulation.

4. The ovary tells the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to create a thickened lining in preparation for an egg.

5. The body sheds the lining of the uterus when the egg is not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and therefore doesn’t need the nutrients the body has built up.

6. The time between periods is usually about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ days.

7. Why don’t all girls’ periods last the same amount of time?

8. What are some myths about periods that the video tries to debunk (prove false}?

9. In what ways is this video clearly made in 1946?